

Valentine Eleebana JRLFC

COVID-19 Return to Sport Safety Plan

Prepared by Brett Murphy on behalf of the Executive and General Committee

FACILITIES

The club will provide details on how the facilities will operate, in accordance with the NSWRL Framework requirements. These should cover, but aren't limited to:

- What parts of the facility will be open while operating under Step 1 and Step 2 of the NSWRL Framework.
 - Field 1, Field 2, Away Dressing room (as required), Clubhouse area (as required)
- What access will be provided to toilets, medical facilities and communal spaces such as meeting rooms, canteen, bar or changing rooms.
 - Toilet will be available in the Away Dressing Room as required
 - Medical facilities will be available in the Clubhouse area as required
 - No access to other communal spaces in Step 1 or Step 2
- How will that access be limited and what are the hygiene and cleaning protocols for those spaces? Do they comply with the requirements included in the NSWRL Framework?
 - Field 1 and 2 access will only be limited to players/coaching staff in groups of no more than 20 and COVID-19 Safety Officers/Exec Committee members as required for Step 1 and Step 2
 - Access to the away dressing room and clubhouse is limited via lock and key, a COVID-19 Safety Officer will be at all training sessions during Step 1 and Step 2 and will be able to open these areas if required
 - If areas are accessed, they will be thoroughly cleaned with antibacterial spray after each use
- What social distancing measures will be implemented within shared facility spaces such as bar, canteen, toilets, spectator viewing areas.
 - Access to clubhouse and change room will be as required (toilet or medical facilities) and be limited to the person requiring use of that area and in the case of medical facilities, additionally the person providing first aid.
- Readiness to allow bar/canteen operations, including
 - Can social distancing be maintained while queuing
 - Are the appropriate cash handling and food and beverage handling procedures in place
 - Implement lower risk menu options i.e. those that can be served quickly and require less direct food handling or customer contact
 - Implement hygiene measures including hand sanitiser at point of sale.
 - Canteen facility will not be available in Step 1 or Step 2. Compliance to the above dot points will be able to be maintained when we get to Step 3 by ground markers, Eftpos facilities, Lower food handling, hand sanitiser available at POS.

- Where will the appropriate health and safety equipment and hygiene cleaning solutions be stored?

- Main clubhouse in the canteen area, accessible by COVID-19 Safety Officer as required

FACILITIES (ENCLOSED)

Where a club wishes to open and operate an enclosed facility such as a club house or bar area, they should provide specific details of:

- Details of any health screening measures such as temperature checks, prior to entry.
 - Clubhouse will only be open in Step 3 and access will be limited to club committee members, prior to this club committee members will be required to complete an educational session on the NSWRL Framework and COVID-19 awareness and will not present at any time if they answer 'YES' to any of the following:
 1. Have you shown any symptoms such as sore throat, fever, headache, sneezing or runny nose in the past 24 hours?
 2. Have you been in contact with anyone showing any of the above symptoms during the past 24 hours?
 3. Are you currently unwell?
 4. Have you been in contact with anyone who has been required to self-isolate during the past 14 hours?

There will also be an expectation of committee members to self-report where applicable, this will be covered off in the educational session. Posters outlining these questions will also be present on the 2 x entry points to the Clubhouse area

- Outside of training, playing and other club activities, what are the protocols to limit access to the facility for anyone who has been in contact with a COVID-19 case in the last 14 days, has flu like symptoms, is a high health risk due to age or pre-existing conditions or has travelled internationally in the previous 14 days?

- N/A, area will not be accessed outside of training, playing and other club activities which are covered above

- Ensure that gathering numbers do not exceed Government guidelines on crowd size in indoor spaces.

- Clubhouse will only be open in Step 3 and access will be limited to club committee members, maximum numbers allowed for each clubhouse area will be posted on each entry

- How will entry registers be implemented and maintained

- There will be a sign in/sign out register that is required to be filled out when arriving/leaving clubhouse area. This will be made available to governing bodies as required

FACILITIES (OUTDOORS)

For all outdoor training and playing activity, the club should provide information on:

- Who is entitled to attend the facilities eg. Only essential participants should attend, not more than one parent per each child, government guidelines on gathering sizes should be adhered.
 - Only participants (players and coaching staff) will be available to enter Field 1 and 2. In steps 1 and 2 there will be group sizes of no more than 20
 - COVID-19 Safety Officers and Executive Committee members will also be able to access Field 1 and 2 in steps 1 and 2 as required
- How training activity will conform with social distancing and gathering sizes. ie field set up in order to limit the number of teams accessing the same space.
 - In steps 1 and 2 training will be as per the NSWRL Return to Training framework, this will be covered off with each age groups coaching staff prior to their return to training by the club COVID-19 Safety Officer or Club Executive Committee member
 - Training Schedule for age groups developed and endorsed to enable compliant numbers for each field and adequate time to have a session and leave facility before next session starts
- How will spectators be encouraged to observe physical distancing requirements.
 - One parent per participant and not allowed onto Field 1 or 2 during training or playing and to maintain social distancing requirements. This will be sent out via all communication platforms (email, team app, social media and signage)
- How will attendance registers be implemented and maintained.
 - There will be an attendance register completed for each age group/team for each training session

SOCIAL DISTANCING

The club will:

- Develop and implement social distancing guidelines and requirements at the venue and activities.
 - Signage for all areas of the Facility including maximum numbers per space and training/playing schedules to adhere to maximum numbers per area
 - One parent per participant and not allowed onto Field 1 or 2 during training or playing and to maintain social distancing requirements. This will be sent out via all communication platforms (email, team app, social media and signage)
- Implement NSWRL Return to Train protocols in order to maintain a distance of 1.5metres between participants at training sessions for as much time as possible.
 - As per the NSWRL Return to Training Framework, this will be covered off with each age groups coaching staff prior to their return to training by the club COVID-19 Safety Officer or Club Executive Committee member
- Implement restrictions on session drills requiring contact between participants for the duration of Step 1 and Step 2 of the framework.

- As per the NSWRL Return to Training Framework, this will be covered off with each age groups coaching staff prior to their return to training by the club COVID-19 Safety Officer or Club Executive Committee member

HYGIENE

The club should provide details on hygiene protocols required in the NSWRL Framework and how they will be implemented. Including but not limited to:

- Display in prominent places the education posters required by the Government guidelines and provided to each club in the NSWRL Starter Pack.
 - Posters will be displayed on the Clubhouse notice board and at other prominent locations at the facility
- What cleaning practices and protocols have the club implemented to maintain the hygiene of the club facilities and share communal spaces.
 - During Steps 1 and 2 there will be cleaning of toilet/medical facilities with anti-bacterial spray after each use
 - During Step 3 there will be cleaning of clubhouse facilities and playing facilities with anti-bacterial spray before the first game and after the last game as well as at the completion of each individual game
- Availability of hand sanitiser and wipes, including safe disposal areas for any alcohol-based wipes.
 - Hand Sanitiser will be made available at prominent locations at the facility (Canteen area, BBQ area, entry to Field 1 and 2) as well as a bin for disposal of wipes
- How will the club educate participants on the hygiene protocols implemented by the club?
 - Education on the COVID-19 NSWRL framework will be completed with all teams, coaching staff and committee members prior to the restart of training

PERSONAL HEALTH

Club should provide details on personal health protocols for all participants that should cover:

- How the club will ensure all members are aware of the personal hygiene controls they must take before, during and after training.
 - Education on the COVID-19 NSWRL framework will be completed with all teams, coaching staff and committee members prior to the restart of training
- Advice to players, coaches and officials that they should not attend if unwell.
 - Education on the COVID-19 NSWRL framework will be completed with all teams, coaching staff and committee members prior to the restart of training

TRAINING

Club should provide:

- Scheduling details of training sessions, including number of groups, length of sessions and time between sessions in accordance with advice in NSWRL Return to Play document.
 - Training schedule developed and endorsed to be compliant with the NSWRL Return to Play document
- How the club will implement and monitor the training attendance register. This register must record all participants training, their time and time out of the facility.
 - Each team will be required to complete the training attendance register for each session and return to COVID-19 Safety Officer
- How the AIS Principle of “Get in, train, get out” will be applied to each team and training session.
 - Training schedule allows enough time to limit interaction between teams and to remain compliant with maximum numbers in areas
 - ‘Get in, train, get out’ will be covered off with all teams during educational sessions and will be communicated to the broader club community on all platforms (email, team app, social media and signage)
- How equipment will be sanitised after each training session during Step 1 and Step 2 of the framework. (see NSWRL equipment sanitation document)
 - Only rugby league balls will be used as shared equipment during Steps 1 and 2. These will not be shared between teams and will be sanitised as per the NSWRL Ball Sanitising document
- Guidance for travel arrangements to and from training, particularly for anyone using public transport.
 - N/A, majority of club participants live local and will be transported to training via parent’s vehicle

MANAGEMENT OF UNWELL PARTICIPANTS

Clubs should provide information on:

- How will the club identify and isolate from the general population a space that can be used to isolate participants who may feel unwell at an activity and are unable to leave immediately.
 - A quarantine area within the clubhouse will be made available to isolate any participants that may feel unwell and must wait for a parent to pick them up. This area is accessible only by COVID-19 Safety Officer and will be cleaned thoroughly with anti-bacterial spray after use
- Educate volunteers and team officials on the implementation of the framework requirements for unwell participants and how they should be implemented.
 - Education on the COVID-19 NSWRL framework will be completed with all teams, coaching staff and committee members prior to the restart of training

- Volunteers and the broader club community will be communicated the key areas of the guidelines on all platforms (email, team app, social media and signage)
- Establish procedures to assist anyone feeling unwell to leave the facility as soon as possible.
 - Contact details of parents/carers are known for all participants of the club, if the parent/carer is not at the facility when the participant is identified or reports of feeling unwell, they will be contacted via mobile phone and notified straight away.